DOCUMENT RESUME

ED 434 550 HE 032 243

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TITLE	On Becoming an Innovative University Teacher: Reflection in Action.
INSTITUTION	Society for Research into Higher Education, Ltd., London (England).
ISBN	ISBN-0-335-19993-3
PUB DATE	1998-00-00
NOTE	190p.
AVAILABLE FROM	Open University Press, 325 Chestnut Street, Philadelphia, PA 19106 (paperback: ISBN-0-335-19993-3, $29.95; clothbound: ISBN-0-335-19994-1, $85).E-mail: enquires@openup.co.uk; Web site: <http://www.openup.co.uk>.
PUB TYPE	Books (010) -- Guides - Non-Classroom (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	*College Instruction; Educational Innovation; *Faculty Development; Foreign Countries; Higher Education; *Reflective Teaching; *Self Evaluation (Individuals); Teaching Methods; *Thinking Skills
IDENTIFIERS	United Kingdom

ABSTRACT

This book is intended to be a practical guide to the encouragement of reflection in teaching and learning within the context of the British higher education system. The book emphasizes the use of questions for focus; the use of examples to answer the questions; more generalized discussions based on the examples; the use of ordinary language whenever possible; and presentations of "second thoughts," or different views of the topic under discussion. Chapters are: (1) "Introduction"; (2) "What Is Meant in Education by 'Reflecting'?"; (3) "What Does Reflection Have To Offer in Education?"; (4) "Is There a Methodology You Can and Should Follow?"; (5) "What Can You Do to Encourage Students to Reflect?"; (6) "What Is Involved for Students in Analytical Reflection?"; (7) "What Is Involved in Evaluative Reflection?"; (8) "How Can You Adapt Ideas from My Teaching, for Yours?"; (9) "How Should You Get Started?"; (10) "How Can Such Innovations Be Evaluated?"; and (11) "Where Should You Read about Other Work in This Field?". (Contains approximately 125 references.) (DB)

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